

# Book Review

## UNRAVELING READING



Unraveling Reading is a book in response to the difficulties of reading and writing skills faced by children, youth and adults. The book presents strategies and guidelines of pedagogical activities that can be developed and applied in school environment or in the homeschooling approach.

The differential of this literature is the proposal of practices and educational activities based on different learning styles, which advocates that each individual possesses and presents a proper way of learning, which can be auditory, visual or kinesthetic. An individual can understand the learning content solely from a style or by a mixture of them.

The better strategy of learning will depend on how the brain captures and processes the information better, for example:

Visual learners: learning is developed more easily when the student can visualize the knowledge through images, images with words, pictures, engravings, graphics, abstracts in handouts and other materials where it is possible to learn visually.

Kinesthetic learners: also known as tactile learners, these students better apprehend the knowledge when they can touch or feel when learning. As a teaching technique, the educator can apply activities in which the child can touch the materials and experiment with different textures and formats.

Auditory learners: knowledge is better absorbed when the child has the opportunity to hear the content studied. This student can read texts or handouts in a loud voice as a learning strategy.

The student can also present other learning styles, manifested through multiple

intelligences distributed in the human brain. In this way, reading and writing skills can be developed through academic activities that consider capacities and abilities in:

- ◆ Spatial intelligence: learning is most effective using images and pictures.
- ◆ Musical intelligence: the knowledge is best absorbed when there is the use of sounds and music during the learning.
- ◆ Linguistic intelligence: preference for using content in speech or writing in pedagogical activities.
- ◆ Kinesthetic intelligence: ability to use body movement to improve the knowledge of some content.
- ◆ Logical-mathematical intelligence: preference to use calculations and numerical data to solve problems and improve strategies of study.
- ◆ Interpersonal intelligence: facility to learn and study in groups. Ability to get along with the members of the class, managing to capture and administrate group ideas.
- ◆ Intrapersonal intelligence: in this style of learning, the student demonstrates ease and interest in working alone, using a strategy like self-study.

In addition, the book offers instructions on how to identify in the learning environment, an adult with special educational needs, as well as, pedagogical tips for working with students with dyslexia and reading difficulties based on the Brain Gym technique.

The Brain Gym approach, presents 26 movements that can be performed by children, youth and adults, with the aim to enhance the learning in a lucid and dynamic way, promoting new competencies, ways of thinking and improvements in the writing and reading processes. Body movement promotes the development of new brain connections and helps students with dyslexia in cope with difficulties involving laterality, sequence, organization and concentration.

We give this book a ★★★★★ rating

The New Heights Educational Group contributed information and step-to-step guides on how they reach hard to reach students. The Unraveling series was the vision of its director and founder Pamela Clark.

